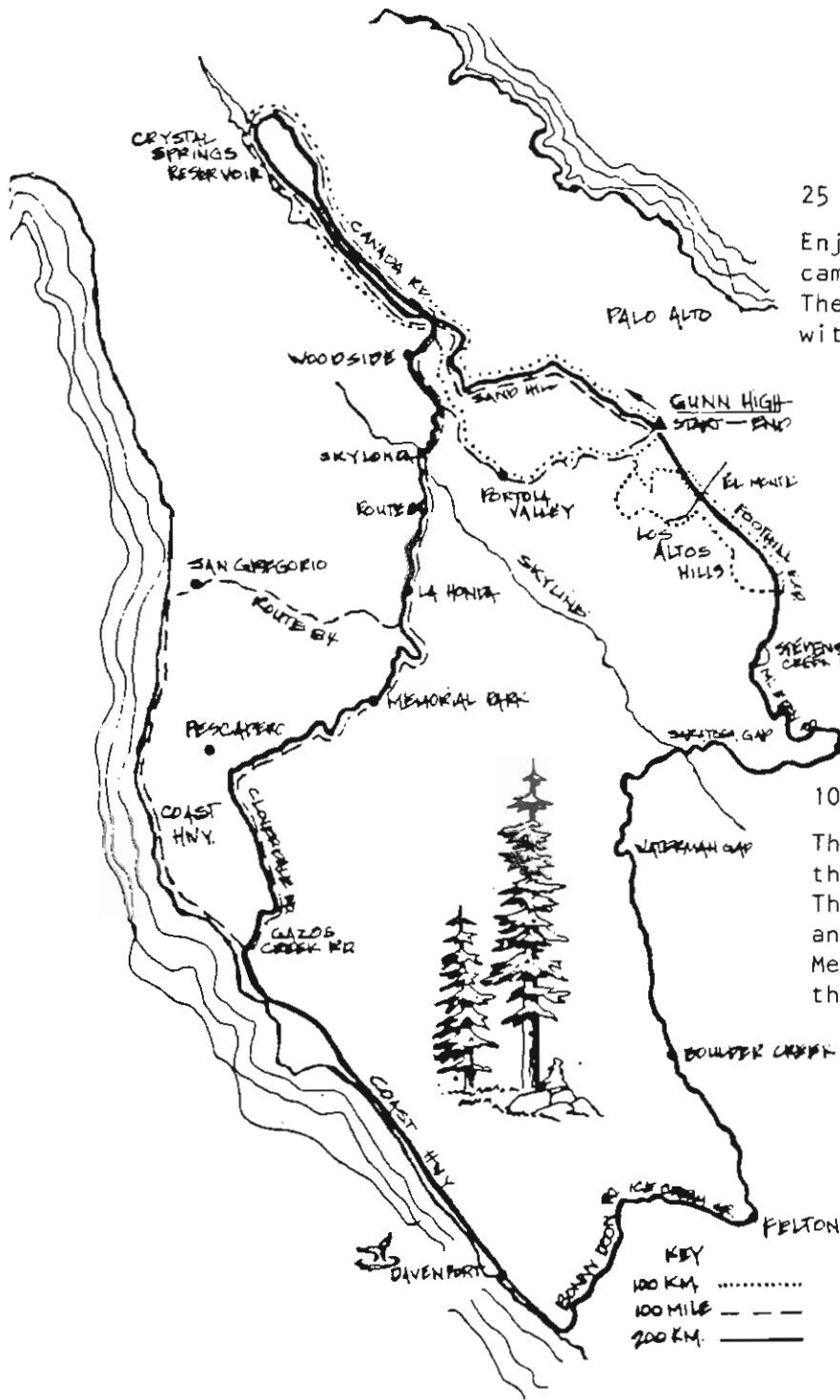


1984

SEQUOIA CENTURY



25 MILE RIDE - few gentle hills

Enjoy a leisurely ride through the Stanford campus to some scenic roads in Atherton. Then on to a tour through rural Los Altos, with a lunch stop at Shoup Park.

100 KM RIDE - 2,500 feet of climbing

This route goes to Woodside, then on to beautiful Crystal Springs Reservoir via Canada Road. The route loops back to Woodside and continues on to Los Altos Hills. Lunch is at Shoup Park, followed by a tour through the scenic foothills.

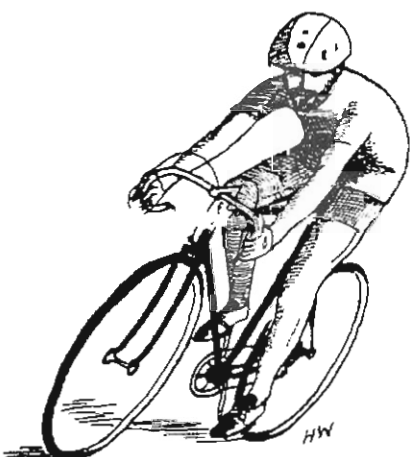
100 MILE RIDE - 5,000 of climbing

The more adventurous share the first leg to the Crystal Springs Reservoir and Woodside. Then climb through the redwoods to Skyline and descend to the ocean. Lunch stop is at Memorial Park. The route turns north up the coast and returns via Route 84.

200 KM RIDE - 8,000 feet of climbing

A challenge for the strongest riders! The route to the ocean is the same as the 100 mile ride, with lunch at Memorial Park. Then head south along the coast (tail winds should help) to Bonny Doon Road, then climb through redwood forests to Skyline via Route 9. The final leg descends into Saratoga, continues past the Stevens Creek Reservoir, and returns to Gunn.

WESTERN WHEELERS BICYCLE CLUB, INC.
PO Box 518
PALO ALTO, CA 94302



Entry Form

PLEASE PRINT

Name _____

Address _____

City _____ Zip _____

Age _____ Sex _____ Phone _____

Club Affiliation _____

I plan to ride (check one)

_____ 200 Km (125 mi)

_____ 100 mi

_____ 100 Km (64 mi)

_____ 25 mi

Release

I hereby release Western Wheelers Bicycle Club and the City of Palo Alto, their respective officers, agents, and representatives, and all properties through the Sequoia Century collectively and individually from all responsibility for injuries, losses, or accidents, before or during the Sequoia Century. I also agree to abide by the rules of the Sequoia Century established by Western Wheelers Bicycle Club and to obey all traffic laws.

Signature _____ Date _____

Signature _____ Date _____

_____ Check here if you are interested in joining Western Wheelers.

Send completed Entry Form and check or money order postmarked before May 26 to:

WESTERN WHEELERS BICYCLE CLUB
P.O. Box 518
Palo Alto, CA 94302

ELEVENTH ANNUAL SEQUOIA CENTURY

Sunday, June 3, 1984

Gunn High School, Palo Alto, CA



Western Wheelers Bicycle Club and the City of Palo Alto invite you and your friends to ride our 11th Annual Sequoia Century. Our superb Santa Cruz Mountains offer climbs in the shade of towering redwoods, spectacular vistas of ocean and foothills--all carefully planned for you to enjoy during the best time of the year.

We offer four scenic routes designed to accommodate all levels of cycling ability. Select a ride and travel at your own pace. That is the special appeal of a Century.

The day of tours is NOT a race. It is a day to enjoy riding with friends and to meet new ones. Stop to admire a view, enjoy the forests, the foothills and our Bay Area as only a cyclist can.

Registration

Begins at 5:45 a.m.

Starting Times

200 km	6:00 to 7:30 a.m.
100 mi	6:00 to 7:30 a.m.
100 km	7:30 to 9:00 a.m.
25 mi	8:30 to 10:00 a.m.

No rider will be allowed to start late. Riders may leave earlier than the stated starting times but should realize that in doing so they may reach check points and lunch before our workers.

COURSE CLOSES at 6:30 p.m. Sagwagons will begin to sweep the course at 5:30 p.m.

Any rider who remains on the course after 6:30 or continues after sag support has requested him to retire, is on his own. We take no responsibility for safety, support, or supplying patch or personnel after 7 p.m.

The first 1200 registered riders will receive patches the day of the ride. Late registrants will receive their patches by mail.

Fees

Before May 26:	After May 26:
\$6 for the 25 mi	\$10 for the 25 mi
\$8 for all other	\$15 for all other
\$20 family, for all	No family discount

Fee covers bicycle safety inspection, detailed route sheet with map, colored chalk arrows on the roads, sagwagon support (at least four radio-equipped), refreshments at checkpoints, Western Wheelers lunch, and a newly designed Sequoia Century patch.

Food

Check points will serve refreshments such as fruit, water, lemonade, etc. The justly-famed Sequoia Century lunch will include bananas, oranges, strawberries, cantaloupes, sliced meats and cheese, whole grain bread, raw vegetables, alfalfa sprouts, potato salad, peanut butter and jelly, lemonade, and cookies.

Location

Gunn High is at the northwest corner of Foothill Expressway and Arastradero Road in Palo Alto. From Highway 101, take Oregon Expressway west, turn left on Foothill, and left again at Arastradero. From Highway 280, take Page Hill toward Palo Alto, turn right on Foothill and left at Arastradero.