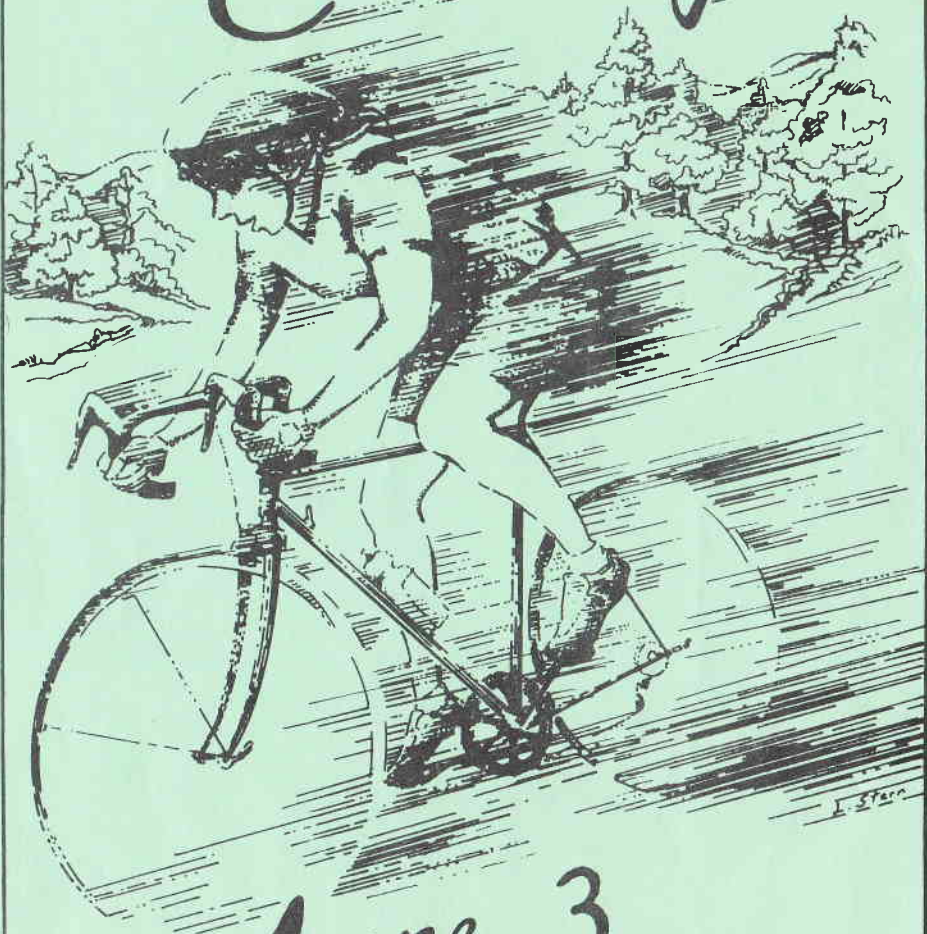


Sequoia Century



June 3,
1990

Western Wheelers Bicycle Club, Inc.
P. O. Box 518
Palo Alto, CA 94302

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use 25¢ stamp*

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17th Annual
SEQUOIA CENTURY
June 3, 1990



WESTERN WHEELERS PROUDLY PRESENTS...

THE 17th ANNUAL SEQUOIA CENTURY

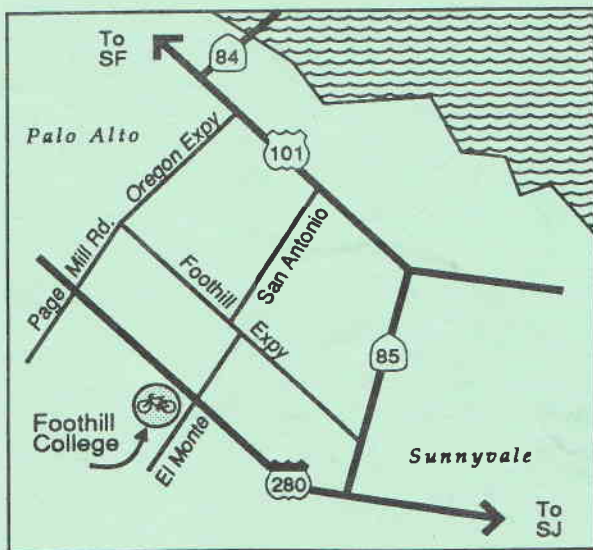
NEW RIDE HEADQUARTERS AT FOOTHILL COLLEGE

THIS YEAR we will begin and end the tours at Foothill College in Los Altos Hills, on El Monte Road at Interstate Route 280. This picturesque campus has ample parking and abundant facilities for a delicious hot meal after the ride. We're sure that you will not be disappointed.

DEADLINE for applications will be **MAY 18, 1990** or **2,000 riders**, whichever comes first. This is necessary so that we can safely provide the support and supplies to make this an enjoyable event for all participants. No cancellation refunds will be given after May 18th. No same day registrations will be accepted. The ride will take place rain or shine!

TOUR SUPPORT provided to all participants includes fruit, snacks, and drinks at all rest stops. Also a detailed route sheet and map, colored direction road arrows, rider tags, radio dispatched sag support, a '90 finishers patch, and **THE FAMOUS SEQUOIA CENTURY GORMET MEAL**, PROVIDED THIS YEAR AT THE CONCLUSION OF THE RIDE.

PARKING directions will be given at Foothill College. After parking, go to the bike inspection area before checking in.



WESTERN WHEELERS welcomes new members. We offer a large variety of recreational rides, plus monthly meetings with programs about cycling. If you are interested in joining our club, please indicate on the entry form to receive information and a membership application.

Cover art by Laura Stern

SUNDAY, JUNE 3, 1990 FIVE TOUR ROUTES AVAILABLE

ALL RIDES are hilly and, except for the 25-mile, strenuous. Be in shape for lengthy climbs and use caution while you enjoy the long descents. Riders biking to Skyline and the coast should carry warm clothing.



200 Km - Start: 6:00 to 7:30 AM

Travel north along the foothills before climbing over Kings Mountain, descending to the coast and south along ocean beaches to Bonnie Doon. Take Ice Cream and Felton Empire Grades to Highland County Park. Finally, up East Zayante and return to Foothill College via Hwy 9 for a well deserved reward after completing 9,000+ feet of climbing.



100 Mi - Start: 6:00 to 7:30 AM

Warm up through Portola Valley before a morning climb to Skyline and south along the scenic ridge top. Descend through the redwoods to Felton for refreshments at Highland County Park. Then return over the mountains on East Zayante and down Hwy 9, completing the tour through Saratoga. 7,000+ feet of climbing makes this a challenging and rewarding century.



100 Km - Start 7:30 to 9:00 AM

Travel through scenic Portola Valley before enjoying a morning climb on Old La Honda Rd to Skyline. Then down through the redwoods toward the coast and San Gregorio. Catch "Stage Road" to Pescadero and refreshments at beautiful La Honda. Return over Hwy 84 to Sky Londa to finish on valley roads back to Foothill College. Total elevation gain is 4,000+ feet.



40 Mi - Start 8:30 to 10:00 AM

After a warm up tour of the Stanford campus, give your "Granny" gears a spin on a leisurely climb to Skyline on quiet Old La Honda Rd. Enjoy views of the Bay Area before descending back through quiet Portola Valley to Los Altos Hills. Finally, return to Foothill, completing your tour with a total elevation gain of 2,000+ feet.



25 Mi - Start 8:30 to 10:00 AM

A delightfully scenic and somewhat hilly ride over the rolling backroads of Los Altos Hills, through scenic Stanford campus, and passing along the tree-lined avenues of Palo Alto. Stop for rest and refreshments at lovely Peers Park before returning on quiet residential streets to Foothill College for your well deserved reward.

ALL ROUTES CLOSE AT 6:30 PM



TOUR RULES

- **ALL RIDERS ARE REQUIRED TO WEAR ANSI or SNELL APPROVED HELMETS.** Helmets save lives and are required by state law for children under four years old. No helmet, no ride.
- All bicycles must pass a safety inspection of wheels, tires, brakes, steering, etc. We reserve the right to refuse participation and refund the entry fee at a later date to any rider whose bicycle is unsafe.
- Riders should carry a spare tube, pump, tools, water bottle, phone money, and medical identification.
- Unaccompanied riders under 18 years of age must carry a medical authorization form signed by a parent or legal guardian. See Minor Consent Form on this page. Children under 14 years must be with an adult.
- Any rider who abandons the ride must notify ride headquarters at Foothill College. Phone numbers will be on route sheets.
- The Sequoia Century is a tour, not a race. Please be courteous to other cyclists and motorists.
- Riders must obey all California Vehicle Code laws. Those who don't may be cited. Rider tags will be required to be worn for sag control, law enforcement, and safety.
- During registration, each rider will be asked to pledge conformance to the California Vehicle Code, as it is applicable to bicycles, by signing the CVC Safety Agreement (see the sample below).

* BIKE SAFELY & ENJOY THE TOUR *

Many Thanks to the Palo Alto Recreation Department for its generous support in preparation for this annual event.

While most bicyclists ride in a safe and lawful manner, there are some who do not. Bicycling events have received increased attention and criticism from elected officials and the motoring public. In supporting an event that involves over 2000 bicyclists, we want everyone to enjoy the ride and avoid harassment. There are no prizes for finishing first; the winners are all who enjoy the rides and finish safely.

The routes of the Sequoia Century take riders through many beautiful areas where frequently the roads are narrow. The Sequoia is a popular ride which places unusual demands on both bicyclists and motorists who share the roads. Please show your good manners by appropriate behavior. If we are not to be legislated off the road, all must obey the Vehicle Code, be courteous, and use good common sense.

--The Sequoia Century Committee

++ DO NOT MAIL THIS FORM ++

MINOR RIDER CONSENT AND MEDICAL AUTHORIZATION

Pursuant to California Civil Code, Section 25.8

Name of Minor _____ Birthdate _____
The undersigned does hereby authorize

(Leave Blank)

or such substitute as he/she may designate, as agent for the undersigned to consent to any x-ray examination, anesthetic, medical, dental, or surgical diagnosis or treatment and hospital care for the above minor, which is deemed advisable by and to be rendered under the general or special supervision of any physician and surgeon, licensed under the Provision of Medicine Practice Act, or any dentist licensed under the Dental Practice Act, whether such diagnosis or treatment is rendered at the office of said physician or dentist, at a hospital, or elsewhere.

The authorization will remain effective while the above minor is en route to or from, involved or participating in the Sequoia Century or other Western Wheelers Bicycle Club events, unless revoked in writing by the undersigned and delivered to the aforesaid agent.

SIGNATURE of Parent/Guardian DATE

ADDRESS

CITY EMERGENCY PHONE

CARRY THIS WITH YOU DURING RIDE

++ DO NOT MAIL THIS FORM ++

CVC SAFETY AGREEMENT

I promise to obey the California Vehicle Code, especially as set out below, and will set a good example for other riders while riding the Sequoia Century.

- Bicycles are bound to observe the California Vehicle Code. This is especially important in regards to yielding, where safe, to faster traffic, respecting 'STOP' signs and obeying traffic lights.
- In the presence of other traffic, riders MUST ride single file.
- At 'STOP' signs, riders MUST yield to prior traffic AND alternate entering the intersection as automobiles do.
- For 'RED' lights, riders MUST NOT enter the intersection or obstruct traffic until the light is 'GREEN'.
- All riding MUST be done to the right of 'DOUBLE CENTER LINES' and, except for left turns, on the right side of the roadway.
- Speed must not exceed that prudent and safe for the conditions, such as road surface, width and other traffic (bicycles or automobiles).





ENTRY FORM

(One form per rider - Deadline May 18th)

FIRST NAME (please print) LAST NAME

ADDRESS

CITY ZIP

() EMERGENCY PHONE AGE

ROUTE: Circle one

25 mi	40 mi	100 km	100 mi	200 km
\$12	\$12	\$15	\$15	\$15

Children 10 years & under ride free.

Club Affiliation: _____

Interested in joining Western Wheelers ? Yes / No

EACH ENTRANT IS REQUIRED TO READ AND SIGN THE FOLLOWING RELEASE AGREEMENT:

In consideration of my being permitted to take part in the Sequoia Century bicycle event, I (hereinafter including myself, my heirs, executors and administrators), waive any and all claims against Western Wheelers Bicycle Club, Inc. (hereinafter including the corporation, its officers, members, and/or agents) arising out of my participation in the Sequoia Century. I understand that accidents occasionally occur during bicycling events and that, as a participant in this event, I might sustain property damage, personal injury and/or death. I freely agree to assume such risks and hold harmless Western Wheelers, Inc., which, through its participation, negligence or carelessness, might otherwise be liable to me for damages. I further assume all responsibility for the operating condition of my bicycle. While Western Wheelers, Inc. may inspect my bicycle to confirm that it appears to meet minimum safety standards, Western Wheelers, Inc. in no way assumes responsibility for the operation of my, or any other rider's, bicycle by virtue of such an inspection.

SIGNATURE DATE

Signature of Parent/Guardian (required if under 18)

**** NO SAME DAY REGISTRATION ****

Confirmations will only be returned if you send a self-addressed stamped envelope.

Make checks payable to Western Wheelers Bicycle Club

Mail to: Sequoia Century
Western Wheelers
P. O. Box 518
Palo Alto, CA 94302

* ALL RIDERS MUST WEAR HELMETS *



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