

# SEQUOIA '95



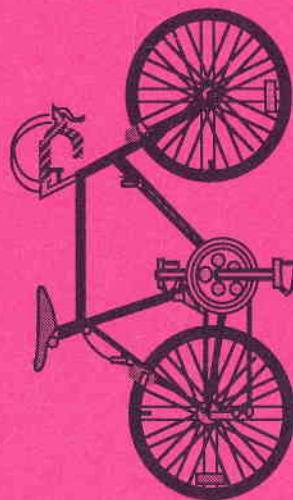
**se•quoi•a** (si kwoi' ə), *n.* 1. either of two large coniferous trees of California, the big tree or the redwood, both formerly included in the genus *Sequoia*: the big tree is now classified in the genus *Sequoiadendron*. [ named after Sequoia, inventor of syllabary for writing Cherokee ]

*n.* 2. a Century presented by the Western Wheelers of Palo Alto. Routes change each year and may take you to the Pacific Ocean, on the ridges of Skyline, through fields and meadows, and **always** through the redwoods of the Santa Cruz Mountains. This year you could scream down a road you slogged up last year. We offer 200K, 100m, 100K and Mr. Bill's Nightmare (113 miles-15,500 vertical ft). For those new to cycling, checkout our Pinecone course.

**Sunday, June 4, 1995**  
**Foothill College**

**Western Wheelers  
Bicycle Club, Inc.**

P.O. Box 518 • Palo Alto • CA • 94302



SEQUOIA '95

*if mailed Individually  
use 32¢ stamp*

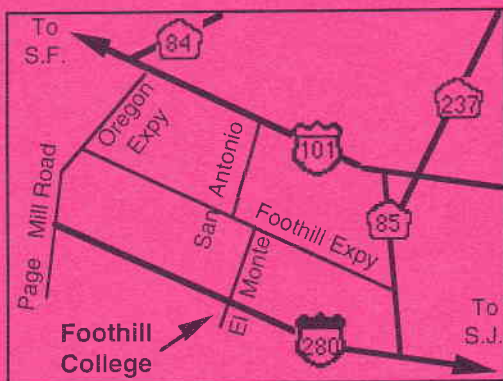
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Permit No. 391

# SEQUOIA CENTURY

Sunday June 4, 1995

The tours begin at Foothill College in Los Altos Hills, on El Monte Road at Interstate 280. Foothill has easy access and ample parking. Lockers, shower facilities and swimming pool will be available all day. Bring your bathing suit, towel and lock.

Parking directions will be given as you arrive. Prior to checking in, go to the bike inspection area located near the stadium.



**Tour Support** provided to all participants includes a detailed route sheet, road direction arrows, rider tags, radio dispatched SAG support, and a '95 pin.

**Our Menu** is designed to power you through the day. Start the ride with a bagel and coffee. Rest stops offer liquids, a variety of muffins and lots of fresh fruit. Lunch is a spread of hearty salads, 9 grain bread and large gourmet cookies. Minestrone soup, garlic bread and Haagen Dazs await you at the end of the ride.

*We are committed to providing you with a quality Century.*

**Our Suppliers** include: Good Earth, Haagen Dazs, Le Boulanger, Posh Bagel and Powers Gourmet to Go.

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## Deadline for applications:

May 26, 1995 or 1300 riders - whichever comes first.

Same day registration - Additional \$15  
if space available

For further info call (415) 568-7970  
Ride takes place rain or shine - No refunds

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Sunday June 4, 1995

## TOUR ROUTES

### 200K - Registration open 6:00-7:30 am

Spend the morning spinning to the coast to catch the tail winds South. This year's 200K meanders through Santa Cruz to ride the Pipeline. There are two substantial climbs, one before and one after lunch. Look forward to the decent of Empire Grade. This tour is 9,500 ft of climb.

### 100M - Registration open 6:00-7:30 am

This ride has it all! - a tour of the redwoods as well as the spray of the Pacific. A magnificent ride to the ocean and back, our route boasts three ascents: Page Mill in the morning, Bonny Doon midday, and East Zayante on the return to Foothill College. You'll be rewarded with tail winds down Hwy 1 and incredible vistas from Skyline. This challenging course is 9,600 vertical feet.

### 100K - Registration open 8:00-10:00 am

Our favorite ride to Pescadero includes views of the ocean and lunch in the redwoods. Pass the historic San Gregorio Store to enjoy the quiet of Stage Road. Even though this ride is 4,900 vertical ft, you'll find the climb to be spread out and gradual (compared to last years challenging 100K which was over 6,000 ft in two tough climbs).

### Pinecone - Registration open 9:30 -11:00

For those new to cycling or to those just getting back into cycling, our Pinecone is 30 miles with an additional 10 mile option. Ride the backroads of Portola Valley and Woodside to tour the Emerald Hills. Return through Atherton.

### Mr. Bill's Nightmare open 6:00-7:00 am

We save all the tough climbing for this ride. Our second "Nightmare" has several of last years ascents with a sprinkling of new nasty hills. Mr. Bill has designed 15,570 ft in 113 miles, for your masochistic (and Bill's sadistic) pleasure. (Note: there are 3.2 miles of unpaved, very rideable, dirt roads). Riders completing all check points will receive a 1995 "Mr. Bill's Nightmare" T-shirt. This ride is a great test for your peak season riding.

## TOUR RULES

- ALL RIDERS ARE REQUIRED TO WEAR ANSI OR SNELL APPROVED HELMETS..... NO HELMET - NO RIDE!
- Bicycle inspection is available on a voluntary basis.
- Riders should carry a spare tube, pump, tools, water bottle, phone money, and medical identification.
- Riders under 18 years of age must have a parent or guardian present during registration in order for them to sign a medical authorization form and release agreement. Children under 14 years must ride with an adult.
- Any rider who abandons the ride must notify ride headquarters at Foothill College. Phone numbers will be on route sheets.
- The Sequoia Century is a tour, not a race. Please be courteous to other cyclists and motorists.
- **Riders must obey all California Vehicle Code Laws. Those who don't may be cited and/or removed from the ride.** Participants will be required to wear rider tags for SAG control, law enforcement, and safety.
- During registration, each rider will be required to sign a Release Agreement with Western Wheelers and sign a California Vehicle Code Safety Agreement.



*Riders should carry warm clothing as weather in the Santa Cruz mountains is very changeable.*

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## ENTRY FORM

*Please print legibly*

Last Name \_\_\_\_\_ First \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ WK \_\_\_\_\_

### I will be riding (check one)

- |       |                      |      |
|-------|----------------------|------|
| _____ | Pinecone             | \$18 |
| _____ | 100k                 | \$22 |
| _____ | 100m                 | \$22 |
| _____ | 200K                 | \$22 |
| _____ | Mr. Bill's Nightmare | \$25 |

Accompanied children 10 years and under ride free

Mail this entry form, your check and  
a Self Addressed Stamped Envelope before **May 26th** to:

**Western Wheelers Sequoia**  
**897 Independence Ave. Suite 3B**  
**Mountain View, CA 94043**

*Make checks payable to:*

*Western Wheelers Bicycle Club*

For additional information, please call (415) 568-7970