## '99 Sequoia Century 100k Route

## Western Wheelers Bicycle Club

http://www.westernwheelers.org

- ✓ Ride headquarters phone number: 650-533-0502.
- ✓ ALL RIDERS ARE REQUIRED TO WEAR ASTM, CPSC, ANSI OR SNELL APPROVED HELMETS... NO HELMET NO RIDE!
- ✓ Bicycle inspection available on a voluntary basis.
- Riders should carry a spare tube, pump, tools, water bottle, phone money, and medical identification.
- ✓ Riders under 18 years of age must have a parent or guardian present during registration in order for them to sign a medical authorization form and release agreement. Children under 14 years old must ride with an adult.

