2006 Sequoia Century 200-km Route **Western Wheelers Bicycle Club**

www.westernwheelers.org

- Ride headquarters phone numbers: 650-464-7338, 650-207-0169, 408-257-4140, 408-892-6814
- Do not start prior to 6 AM as rest stops may not be open. VA closes at 6 PM.
- RIDERS ARE REQUIRED TO WEAR ASTM, CPSC, ANS I OR SNELL APPROVED HELMETS... NO HELMET-NO RIDE!
- Bicycle inspection available on a voluntary basis.
- Riders should carry a spare tube, pump, tools, water bottle, phone money, and medical identification.
- Riders under 18 years of age must have a parent or guardian present during registration in order for them to sign a medical authorization form and release agreement. Children under 14 years old must ride with an adult.
- The Sequoia Century is a tour, not a race. Please be courteous to other cyclists and motorists.
- RIDERS MUST OBEY ALL CALIFORNIA VEHICLE CODE LAWS. THOSE WHO DON'T MAY BE CITED AND/OR

